

Webinar: Addiction, mental illness and work: how to manage it and advocate for support

According to the Centre for Addiction and Mental Health, people with a mental illness are twice as likely to have a substance use disorder and people with a substance use disorder are up to three times more likely to have a mental illness. If this resonates with you and you're looking to learn how to manage these issues or advocate for support, join Canada Life and Workplace Strategies for Mental Health (WSMH) for a new public webinar.

Join **Mary Ann Baynton**, Director of Collaboration and Strategy with WSMH and a panel of speakers who will share their stories and experiences in managing addiction and mental illness including from the perspectives of people leaders, loved ones and those living it. Meet:



Bartholemew Hugh Campbell who has been living successfully for the past 14 years after struggling with multiple mental health issues his whole life. He credits peer support as a key contributor to his recovery and now as a mental health advocate he wants to share how important the process of wellness and recovery was to him, because it saved his life.



Robyn Priest, the co-founder of Robyn Priest LIVE YOUR TRUTH, a mental health and peer support education firm. Known as the Peer Support "Guru", Robyn is internationally recognized and has even won the International Association of Peer Supporters Lifetime International Achievement Award, in 2016. Their passion is helping people go from surviving to thriving.



Dr. Ray Baker, an associate Clinical Professor in UBC's Faculty of Medicine. He's a physician with fellowships in Family Medicine and Addiction Medicine. Dr. Baker has assessed or treated several thousand people with addictions often complicated by other psychiatric and medical comorbidities. In 2022 he received the Lifetime Achievement Award from the Canadian Society of Addiction Medicine.

Invite your colleagues, friends and family to add this event to their calendars and join us on **May 7, 2024 at 1 p.m. ET**. This webinar will be in English but French interpretation, slides and resource links will be available. This webinar will be recorded for future reference or just in case you can't watch live. To find the recording:

- Add the event to your calendar and visit the link in the event an hour after the webinar.
- Subscribe to the [WSMH YouTube page](#) and find it there a few weeks after the live event.

Add this event to your calendar today! When it's time to watch, select the link found in your calendar event.