

GreenShield Substance Use Management

Comprehensive
Substance Use Support



Substance Use Disorders represent 55% of employee mental health issues with 9 out of 10¹ reporting they don't seek help.

With GreenShield Substance Use Management, a digital substance use care, you can help support your employees in getting access to care confidentially, when they need it. Your employees can self-guide or access a proactive care team specialized in substance use, all from a single, smart platform.

Reach out today for more information about our services.



One Solution for All Substances and Challenges

Our solution provides comprehensive substance use care to give employees the support they need to change their relationship with alcohol, nicotine and other substances.



Dedicated Care Team

Employees can choose a self-directed approach or work with a dedicated care team specializing in substance use. The care team will help them reach their goals, whether they want to reduce use or stop altogether.



Digital CBT Modules

Our evidence-based therapeutic approach helps employees understand their substance use, strengthen their decision-making, and help them take control using internet-based Cognitive Behavioral Therapy (Digital CBT).



Complete Confidentiality

Our platform provides content and features that adapt to the individual's needs in a confidential, approachable, and stigma-free environment.



24/7 Access to Resources

GreenShield Substance Use Management self-directed resources are available 24/7 on any device, making it easier for employees to access support whenever and wherever they need it.

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Why Choose GreenShield Substance Use Management

80% of members who engaged in coaching or self-guided content through our solution reduced their consumption while 68% of members reported a greater sense of control over substance use.²



Support for All Substances and Goals

Our platform supports individuals manage their use of any substance, including alcohol, nicotine (smoking cessation), and other drugs. It is designed to help employees achieve their personal goals, whether that means reducing consumption, or pursuing abstinence.



Personalized Coaching

Our coaches provide personalized support, practical tools, and accountability, helping your employees stay on track to help them achieve their goals. They can book a coaching session through a calendar system, ensuring timely support and addressing of their concerns.



Awareness Tools

Our awareness and tracking tools enable employees to monitor their substance use, cravings, mood, life functioning, and more. They also have the option to share this data with their care team for tailored, personalized support.



Moderated Peer Support

With our optional group sessions, employees can connect with others going through similar experiences, providing them with a safe and comfortable environment where they can share experiences, gain insights, and build a sense of community.

21% of Canadians³ will experience challenges with substance use, but only 1 in 10⁴ will access treatment. It's time to change that!

Help your employees get the support they need to make meaningful changes.



Reach out today for more information about our services.

² New data from LifeSpeak Inc. shows that evidence-based substance use care helps individuals lower consumption and improve work and daily life (prweb.com)

³ Substance use and addiction (cmha.ca)

⁴ Tofighi B, Abrantes A, Stein MD. The Role of Technology-Based Interventions for Substance Use Disorders in Primary Care: A Review of the Literature. Med Clin North Am. 2018 Jul